

## READING IS THE FOUNDATION FOR DEVELOPING AN INTELLECTUALLY AND MORALLY REFINED

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### Abstract

A book is a source of enlightenment that illuminates hearts and leads a person to true perfection. A book not only provides spiritual nourishment to a person, but also teaches healthy thinking and serves as a solid foundation for the future. That is why a book is compared to a person's best friend. Good reading is equivalent to the purification of the soul. A book is an example of a candle that illuminates the darkness of the night, it is sometimes an adviser, sometimes a reprimand, and sometimes a map that shows the way. In Uzbek families, where the Uzbek people have long been considered bookworms, attention to books, careful preservation of books, and reading are among the ancient traditions. Reading among our people was formed in a family environment. It is our priority to convey these ancient values to the future generation.

**Keywords:** People, personality, upbringing, school, worldview, society, story, poet, poetry, experience, idea, writer.

“A book is the soul and heart of any knowledge, the beginning of any science.”  
S. Sveyg.

### Introduction

The future of our people, the foundation of tomorrow, is reflected in the attitude towards the young generation that is coming of age today, the opportunities created for young people to realize their abilities, and other factors. In this sense, since the first years of independence, attention has been paid to the issue of youth

as a priority direction of our state policy in our country. The fact that each young person, based on their legal consciousness and thinking, knows their rights as well as their obligations, can apply them correctly, and most importantly, has the opportunity to clearly express their personal opinion, serves as an important means of protecting them from the influence of various foreign ideas.

Given the urgency of this issue, On March 19, 2019, the President of the Republic of Uzbekistan Sh.M. Mirziyoyev developed a state program on “5 important initiatives to improve the spirituality of young people and meaningfully organize their free time”. The fourth initiative of this program is aimed at organizing systematic work to improve the spirituality of young people and widely promote reading among them. In this regard, it is appropriate to cite the following thoughts of the President of the Republic of Uzbekistan Sh.M. Mirziyoyev. “Without books, development and high spirituality cannot be achieved. There is no future for a person or a nation who does not read books”.

Of course, it is difficult to fulfill such tasks through a single decision and order. First of all, it is important to find new ways to develop interest in science and to form a reading culture among young people, especially students of secondary schools and higher education institutions.

### **1. The importance of reading culture in raising the morale of youth.**

According to the results of a survey conducted with the participation of boys and girls aged 12-16 for the purpose of scientific research, 43.7 percent of adolescents limit themselves to reading educational literature. Also, one in ten participants admitted that they do not read books other than educational literature. Half of the participants (boys) often prefer to chat with their peers and play computer games. As part of the study, 90.9 percent of them answered positively to the question “Do you like your school?” Almost all middle and high school students (97.7 percent) define their goals in life and future plans. Also, in this study, 49.2 percent of respondents said that in order to educate young people as perfect people based on the "National Idea", it is necessary to deeply study the works of our great ancestors, and 45.1 percent said that it is necessary to pay attention to them as family and educational work. As can be seen from this, we can see how important reading books containing unique works bequeathed to us by our ancestors is in forming a harmonious generation that is loyal to our Motherland and contributes to the development of our state.

In general, most of our young people today value science and knowledge as a value, and they find their solution mainly in the pages of books. Therefore, we need to provide them with books that are considered the stepping stones to their desired intellectual heights, and help them become the necessary specialists for our society in the future.

In particular, organizing various incentive competitions, master classes, meetings with professors and academics, and specialists in a particular field to determine the level of reading among students of secondary schools and higher education institutions will help accelerate and increase the effectiveness of this process.

Today, you can meet young people who, having studied only the subjects included in the curriculum, cannot say exactly which university they will choose to continue their studies in the future and in which field they want to work. Therefore, in an educational institution, a teacher should directly link the student's education with upbringing when teaching each subject, and focus on the development of his creative activity. Creativity is a scientific interpretation of the attitude to the world, a visible manifestation of the flow of thoughts. A creative person is in constant search, eager to find and create something. It is no secret that in today's era, when spiritual and technical progress is rapidly developing, the development of students' creative abilities is of great social importance. Creativity is an important feature of the activity and resilience of students, requiring deep knowledge, constant observation and a lot of experience.

The reading habits of young people are as complex as their psychological development during adolescence. The task of fiction for young people is extremely responsible and multifaceted. Youth is a wonderful period of human life, the beginning of personal growth. Young people play an important role in their mental development. Their ability to clearly express their thoughts, to acquire the skills of independent thinking, and most importantly, their high reading culture plays an important role in understanding this process. As one of the famous writers noted, all good qualities in a person are formed thanks to reading books.

In general, the foundation of a person's knowledge and worldview is formed precisely during the period of general and higher education. Therefore, this period has a great impact on his worldview and his entire future. After all, the attention paid by our government to the development of science, comprehensive support for young scientists who are thirsty for knowledge, as well as the formation of

young people's interest in science and a reading culture is the basis for the development of civil society and a legal democratic state. In the future, it is a priority task for us to mobilize all our strength and energy to train fully mature, highly spiritual and scientifically capable personnel who will contribute to the development of our state and society, the development of our science, which is of great importance in the economic and social life of our country.

## **2. The role of science fiction and fantasy in the reading of young readers.**

It is the professional duty of library and information workers, especially those serving children, to carefully study the spiritual needs of their readers, that is, their interests, tastes, and a number of other factors, and to try to satisfy every demand and need of the child reader as much as possible. This requires the librarian to study the interests of each child (reader) individually.

Studying the interests of young readers is of great importance in implementing information and book services, and serves as a key source for determining the needs of young readers for books and information.

It is advisable to work taking into account the needs and suggestions of each young reader who visits the library. Readers always try to find the information they need from the books, newspapers and magazines available in the library. If the library does not have it, they try to find it by contacting other libraries where they work in cooperation with the librarian.

The role of scientific, artistic, and fantastic works in the education of young readers is significant, and the following writers and poets have made an invaluable contribution to the rise of Uzbek children's literature:

The famous children's writer Khudoyberdi Tokhtaboyev is a favorite writer of children of all ages. He is known and popular among readers as a writer who has made a significant contribution to the development of adventure and fantasy genres in contemporary Uzbek children's literature..

The writer moved to Tashkent in 1958. He started working for the newspaper "Tashkent Haqiqatii". Since Kh. Tokhtaboyev was raised as a truthful, honest, pure and hardworking person from childhood, while working at the newspaper, he could not tolerate some unscrupulous people and their actions. He decided to expose the secrets of such people and expose the evil side of hypocrites among the people. In this regard, the genre of feuilleton came in handy for him. In 1962,

he started working as a columnist for the fatherland newspaper of our republic - "O'zbekiston Ovozi". Here he wrote more than 300 columns.

Khudoyberdi Tokhtaboyev also began to write stories for children. Dozens of his stories, such as "My First Tree", "Runaways", "Kizganchik", "Dad, Don't Write", "I Came, Dad", "Salim with His Father", "Shoshkaloq", "Yakhshiyakhshi", aroused great interest among young readers. Kh. Tokhtaboyev worked as a columnist for many years, diligently studying the pain and longing of people. He sought to find out in detail the actions of people who caused such complaints. He wrote many columns about people who were behind the times, who were mired in the swamp of vices called sarqit, and who were greedy for wealth and worldly goods. His works "Riding the Yellow Giant" and "The Death of the Yellow Giant" were created on the basis of generalizing these facts.

Miraziz A'zam is one of the poets who made a great contribution to the development of Uzbek children's literature. He is a poet for both children and adults, as well as a publicist and an accomplished translator. The poet was born in Tashkent in 1936. He became interested in poetry while still at school. He tested his poetic skills in a literary circle led by the famous children's poet Quddus Muhammadiy and later Kudrat Hikmat, and continued his creative research, reading and learning.

His first poem was published in 1960 under the title "Strange Dream", and his first collection of poems was published under the title "Metallurg" (1964). After that, the poet's children's poem "Smart Children" (1969), "What Happened to You" (1970), "The Earth Turns" (1973), "We Will Put Dovruk on the Earth" (1970), and the collection "A Pocket of Walnuts" (1990) were published. In them, the poet seeks to understand the world and man through the depiction of children's hearts and feelings, to distinguish between good and evil, and to glorify honest and pure labor. Miraziz A'zam has translated the works of about a hundred authors from the world's children's literature, such as Korney Chukovsky, Edward Lear, Walter De la Mer, Jeanne Rodari, Jacques Prevert, James Crews, Julian Tuvim, Iskandar al-Khuri, Tawfiq Fikrat, Ali Akbash, Mustafa Ruhiy Shirin, Mustafa Rahmando'st, Jun Takami and others. He is the author of the anthology "World Children's Literature".

Children's favorite poet and writer Safar Barnoyev was born on May 6, 1938, in the Dilkusho neighborhood of Bukhara. After graduating from high school in 1959, he went to military service. In 1960-61, he worked as an accountant at the



Soviet farm in the Romitan district of Bukhara region. In 1961-66, he studied at the journalism department of Tashkent State University (now the National University of Uzbekistan). In 1959, his first poem was published in the now-famous newspaper "Tong Yulduzi".

S. Barnoyev's first collection of poems was published in 1970 under the title "I am in the Mountains". After that, the stories "The First Smile" and "The Day of Light" were published. The author's works include "First Smile" (short stories, 1972), "Dadamning Kowlari" (poems and epics, 1972), "Sog'inch" (poems, ballads, 1975), "Yulduzkhan and Bahorjon" (poems and fairy tales, 1977), "The Day the Soldier Returns" (short stories, stories, 1980), "White Storks" (short stories, stories, 1982), "Faces" (ballads, 1984), "Twins" (short stories, stories, 1985), "Award" (short stories, 1985), "We Praise Peace" (poems, epics, 1986), "Karimjon-Carlson" (short stories, stories, 1988), "Song about Dad" (poems, fairy tales, 1989), His books include "New Days" (short story, 1990), "Nilufar's Apples" (short stories, 1996), and "Little Khoja Nasriddin" (short story, 1998). Many of the writer's works have been translated into Russian, Tajik, Kyrgyz, Ukrainian, Belarusian, Polish, and English. His series of short stories "Stories of 47" and "Afghan Children" were highly appreciated by the literary community.

Tursunboy Adashbayev was born in 1939 in the village of Safed Bulon, Alabuga district, Osh region, Kyrgyzstan. Like all the citizens of this village, located on the border of Uzbekistan and Kyrgyzstan, the future poet enjoyed the languages, values, spirituality, culture, and enlightenment of both peoples and rightfully considered himself a child of both peoples. While studying at the university, the young poet, who had mastered the secrets of poetry more thoroughly, began to publish his first works in the press one after another, and while still a student, in 1964, his first co-authored book entitled "The Apple of Perfection" was published.

During this period, the poet's books such as "The Apple of Perfection" (1964), "We Are Travelers" (1966), "I Will Be an Olatovite", "Arslonbob Waterfall" (1969), "Surnay", "Nur Daryo" (1975, "Guldasta", "Alatog-lolatog" (1978), "I Send the Sun" (1982), "Oqbura Waves" (1985), "Sovga" (1986), "The Legend of Arslonbob" (1988), "Three Bottles and a Mysterious Pumpkin" (1990), "The Alphabet with a Puzzle" (1997), "The Story of the Golden-Road Vulture" (2003), "My Dreams - My Double Wing" (2003), "The Gate in the Sky" (2012) were published..

Anvar Obidjon, one of the leading figures of our children's literature today, was born on January 25, 1947, in the village of Poloson, Oltiariq district, Fergana region. In 1979, he graduated from the Faculty of Journalism of Tashkent State University (now the National University of Uzbekistan). He wrote the following books for children: "Mother Earth" (1974), "Bahrom's Stories" (1980), "Oh, Bright World. . ." (1983), "Olovjon and His Friends" (1983), "Maskharaboz Bola" (1986), "A Very Interesting Incident" (1987), "Avtobola with a Golden Heart" (1988), "Terrible Meshpolvan" (1989), "Ajoyibxona" (1993), "Meshpolvan's Battles" (1994), "Alisher and Hussein or Three Wise Men and a Thief" (1996), "Bulbul's Claws" (2001), "Is It Easy to Be Polite?" (2001), "Bulletproof Boy" (2005), "The Stolen Wrestler" (2006), "The Story of Bahrom" (2006), "What is Tax?" (A literary and journalistic guide for children on legal and economic topics, 2008), "Meshpolvon" (2009), "A Bulletproof Boy or a Golden Heart" (2011), "The Cat Meowed or Talking to Animals" (2012), "Mr. Barok Gives a Lesson" (Poetic Instructions on Traffic Rules for Kindergarten Children. 2012), "My Mother's Country" (2013), "Little Laughs" (2013), "Meshpolvon Goes to War" (2014), "The Liar Number 0099" (2014), "Funny Dreams" (2014), "Curious People Around Us" (2014), "Alama'zon and his foot soldiers" (2014), "Mulla Bakalok" (2014) and more than 30 collections of poems, stories, anecdotes and dramatic works have been published.

Today, the interests of young readers are very broad, and in order to study this interest and interest them in reading, librarians-specialists are required to implement new ideas and projects. Now it is necessary for institutions to provide services based on the wishes and requirements of modern young readers.

### **Conclusion:**

By increasing the interest of young readers in reading popular science and fiction, they will form a correct, rational attitude to the events around them, and it will be easier for them to study the world. It will also help young readers gain experience based on primary information about their peers, their lives, their adventures, about preserving mother nature, and the history of our homeland.

There is a rich legacy of children's writers who have significantly contributed to Uzbek literature for children and teenagers .

Therefore, it is advisable to organize meetings with creative poets and authors of interesting works in libraries of all systems, reading evenings among young

readers, various poetry readings, round tables, quizzes with readers, intellectual games, meetings with writers and poets, and work on new projects.

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