

# **YOUTH SPIRITUALITY IS THE FOUNDATION OF SOCIETY'S DEVELOPMENT**

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## **Abstract:**

This article outlines the ideas of educating selfless and patriotic youth with high spirituality, a firm life position, and a broad worldview, as a result of the reforms being implemented in our country today in the spiritual and educational sphere, protecting them from the influence of foreign ideas, and educating them in the spirit of loyalty to national and universal values, religious tolerance, and interethnic harmony.

**Keywords:** Spirituality, culture, patriotic spirit, education, upbringing, youth, nation, values, tolerance.

## **Introduction**

The essence of development and its rapid growth depend on the level and maturity of the existing socio-spiritual environment. The higher the level of spiritual development in society, the higher the intellectual potential of the people living in that environment. There is no great future without spirituality, and high spirituality encourages people to be powerful. The future of the country will be in accordance with the consciousness and thinking of people. As this investment is increasingly used, the harvest will be more fruitful, Uzbekistan's position in the world community will increase, and Uzbeks will gain the glory worthy of their ancestors. Therefore, today spirituality has become a priority area in state policy and has begun to show its positive results. The tasks set out in the Resolution of the President of the Republic of Uzbekistan Sh. Mirziyoyev "On measures to raise young people spiritually, morally and physically, and raise the system of providing education to a qualitatively new level" No. PQ-3907, covering a number of areas, were approved, which provides for the following priority areas: "to educate selfless and patriotic young people with high spirituality, a firm life position, a broad worldview; to protect young people from the influence of

foreign ideas, to educate them in the spirit of loyalty to national and universal values, religious tolerance and interethnic harmony; "increasing the value and prestige of pedagogical workers, strengthening their material, moral and social protection" were put on the agenda[1]. In fact, there are a number of reasons why spirituality has become a priority area today. They are as follows: firstly, the fate of all tasks carried out in society is connected with the level of development of the thinking and consciousness of the people living in it. The intended goal cannot be achieved without changing their consciousness and thinking based on the essence and interest of the tasks they are trying to implement. In this sense, spirituality is an important mechanism for changing the life of society, and any state, based on its goals and interests, prioritizes its development. secondly, in the early years of independence, a struggle against any ideology in general began under the banner of abandoning the former Soviet ideology. This, in turn, began to have a negative impact on people's spirituality and formed values. In particular, some scientists in the press began to put forward the idea that, first of all, it is necessary to form an economic mindset, and spirituality arises on the basis of this economic mindset. As a result, a one-sided approach to life began to take a leading place in the psyche of people. This, in turn, did not give the results we expected, but rather served to prioritize personal interests in people. The emergence of such a negative process is dangerous for building a new society; thirdly, the majority of people were confused by the economic problems that arose in the first years of independence, which in most cases created the danger of young people striving to go to the market and earn money rather than getting an education, learning a profession, and being interested in art and artistic works. It is true that earning money and strengthening the economic opportunities of one's life are a vital need and necessity for every person. However, this need should not contradict the interests of the development of the individual and the nation, nor should it serve to impoverish them spiritually. It is necessary to prevent this emerging dangerous process. Fourthly, another reason for the primacy of spirituality in state policy is that, regardless of whether the nation is large or small in terms of numbers, it has become a vital necessity to restore its status as a real subject, a creator and consumer of certain material and spiritual wealth, the presence of its own characteristics that are not found in others, and its own independent place, that is, as a true nation. Solving it is of practical importance for the future of the nation and the state. Fifthly, the Uzbeks are a people who

have made a huge contribution to world civilization. Their achievements in the field of spirituality, science, and culture have been serving the peoples of the world for centuries. However, during the Soviet regime, great work was also done to "remove" these achievements created by their ancestors from the minds and hearts of the Uzbek people. In the conditions of independence, it was necessary to restore it, to restore its worthy and just place in world civilization. And this can be achieved only through the development of spirituality. Sixth, spirituality is also a huge "mechanism" that organizes the nation and the entire population of the country around the state towards certain goals, activates them, convinces them of a bright future, glorifies the human race, and expresses its value. The state policy in the development of spirituality was implemented in accordance with the conceptually significant thoughts of the First President: "High spirituality is the foundation of the future"; "Power is in knowledge and thought"; "High spirituality is an invincible force", and today it is being continued by the Head of our state Sh. Mirziyoyev on the basis of the concept "From National Revival to National Upliftment". The development of spirituality is rising to the level of a particularly key task at the current stage of the development of our country and nation. This is connected not only with the internal life of our country, but also with the existence of various external currents that are trying to threaten its sustainable development. The upbringing of free-thinking, selfless patriots who can resist their efforts to poison the minds of our young people, especially those who have no life experience, requires the development of spirituality at a high level. If we proceed from these tasks, then today it is necessary to develop spirituality in the following directions: firstly, to get rid of the remnants of the violent and subjugative mentality of the former Soviet totalitarian system. For this, it is necessary to reveal the inner spiritual potential of each person, ensure freedom of thought, and form the ability and spirit of each person to create their own destiny and future; secondly, to develop in each person a sense of independence, to be proud of belonging to the Uzbek nation, to understand the need to show selflessness in acquiring all the material and spiritual wealth created by their ancestors and widely involving them in the development of the country and national development; thirdly, to develop in each person a process of understanding their national identity, to show selflessness in the interests of the Motherland and the nation, to achieve spiritual, political and civic potential against any actions that undermine the country's and national development,

political, social and interethnic stability, and religious tolerance; fourthly, to create conditions for each person to strive for knowledge, to enjoy the achievements of our country and the world in the field of science, technology, and engineering, and to achieve spiritual and spiritual potential such as pride in the strengthening of Uzbekistan's influence in the world. The formation of such potential

in every citizen living in our country, especially our youth, is the main criterion for general spiritual upliftment. As our President Sh.M. Mirziyoyev noted, "As a result of the wide-ranging reforms and creative work being carried out in our country, the consciousness and worldview of our people are changing. The importance of the vital idea "From National Restoration to National Upliftment" in building a legal state and civil society in our country is increasingly increasing" [2]. The main factor contributing to such positive indicators is the implementation of a policy aimed at spiritual upliftment in our country.

## References

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