

# INDEPENDENT LEARNING AS AN IMPORTANT FACTOR IN PERSONAL AND PROFESSIONAL DEVELOPMENT

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## **Abstract:**

In the modern world, education is not limited to knowledge obtained at school or university. The rapid development of technologies and the growing need for new knowledge encourage people to constantly learn and update their skills. Independent education is one of the important factors of personal and professional development, and is a necessary tool not only for acquiring knowledge, but also for self-development and achieving success in society.

**Keywords:** Independent learning, personal and professional development, knowledge, modern education.

## **Introduction**

The importance of independent education is further emphasized in various resolutions and decrees adopted by the President of the Republic of Uzbekistan. In particular, the Decree of the President of the Republic of Uzbekistan “On measures to further improve the education system” adopted in 2017 and other resolutions related to the education sector indicate the need to develop independent education and create broad opportunities for it. On their basis, initiatives are being put forward to ensure the widespread use of online educational platforms by teachers and students, to encourage self-development, and to acquire modern knowledge.

Also, the Resolution of the President of the Republic of Uzbekistan “On the broad integration of digital technologies into the public education system and the creation of opportunities for independent learning” of April 20, 2020 was an important milestone in the development of independent learning. As a result of

this resolution, new learning methods such as online courses, distance learning, and teaching through digital platforms have increased.

In addition to changing the educational process, the emergence of autonomous learning is very important for the personal and professional development of people. A person's ability to learn independently is very important for improving their quality of life, opening up new opportunities, and achieving success in a changing world. Everyone can grow both personally and professionally by learning new things and expanding their knowledge.

Therefore, independent learning is important for improving their work and increasing their status in society.

### **1. Personal growth.**

Self-directed learning is very important for the intellectual and psychological growth of a person. In the process of self-development, a person learns to reveal his inner potential, expands his knowledge, acquires new abilities. First of all, independent learning broadens a person's worldview, since the assimilation of new material leads to an expansion of his mental horizons and a change in his worldview. This allows a person to respond more fully to various situations.

In addition, autonomous learning contributes to the growth of logical thinking. Studying any new material increases a person's ability to analyze and think logically. A person can learn to deeply study and evaluate a certain topic, clearly and fluently express his thoughts, draw logical conclusions. This procedure develops a creative approach to solving a problem, which helps to search for new concepts and answers.

### **2. Professional Success**

In today's ever-evolving job market, where new industries and professions are emerging, a person must constantly update their knowledge and skills to achieve professional success. Work practices need to be updated in light of modern technologies, digital advances, and shifts in the global economy. As a result, independent learning plays a key role in ensuring career success.

First of all, acquiring new knowledge and skills helps to adapt to the demands of the labor market. Obtaining the knowledge necessary to advance in an existing career or pursue new opportunities is an important component of success. For example, programmers, IT specialists, and employees in other technical

professions must be able to quickly adapt to new software and hardware tools, as well as technological advances. Since every successful organization is constantly improving its operations, it is also important to study new trends and tactics in the fields of marketing and business management.

Independent learning is also of great importance in learning languages. In today's global economy, especially when dealing with international companies and organizations, knowing one or more foreign languages is a significant advantage. Learning a language independently not only opens up new opportunities for entry into new professions, but also opens up access to the international market and global business opportunities. For example, learning English, Russian, Arabic, or other languages allows professionals to work around the world. Language is also important when working with international organizations, as it helps you communicate your skills to a wider audience.

Professional skills can also be strengthened through independent learning. Continuous learning, advanced training, and practical application are all essential for professional development. A person can improve their skills in a particular field through seminars, courses, training resources, and practical training. As a result of this process, a person becomes more competitive and productive at work. Everyone can succeed in their work and become more competitive in the modern labor market by staying informed about the latest developments in their field and acquiring new skills. The main strategy for opening new prospects and achieving success in their current career is independent learning. As a result, one of the most important factors in achieving professional success is individual learning.

### **3. Adaptability and problem solving**

Independent learning teaches a person to adapt to different situations. When we encounter various difficulties and new conditions in life, the knowledge and skills we have previously mastered help us solve problems.

### **4. The principle of continuous education**

In the 21st century, one-time education is not enough. The emergence of new professions, the development of science and technology require people to constantly acquire knowledge. Therefore, independent education becomes necessary throughout life.

Ways to effectively implement independent learning:

- A) Planning: Properly allocate time and clearly define the goal of learning. It is important to define your goals and effectively organize the learning process.
- B) Using online courses and educational platforms: You can gain new knowledge by using educational platforms such as Coursera, Udemy, Khan Academy.
- C) Reading books and scientific articles: One of the best sources for independent learning is books and scientific articles, which provide broad knowledge and deep understanding.
- D) Learning through practice and experience: Applying the knowledge learned in practice, gaining experience, increases the effectiveness of learning.
- E) Self-testing and consolidating knowledge: It is necessary to consolidate knowledge through testing your knowledge in practice, self-evaluation, and correct thinking.

In conclusion, it can be said that independent learning is an essential part of human life, contributing to personal development, professional advancement, and improving the quality of life. Thanks to modern technologies, independent learning is becoming more effective and convenient. Each person can achieve success and strengthen their position in society by constantly expanding their knowledge.

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