



EFFECTIVE METHODS OF LEARNING ENGLISH IN THE MODERN WORLD

Ulugbek Yarashovich Elmurodov

Senior Teacher, Chirchik State Pedagogical University

u.elmurodov@cspu.uz

Abstract:

This article explores modern approaches to learning English that enable learners to achieve a high level of language proficiency in the shortest possible time. Special attention is paid to the use of technology, communicative methods, and self-directed learning. The results of a study conducted among students learning English are presented, along with recommendations for optimizing the learning process. The article will be useful for both teachers and students looking to improve their language skills.

Keywords: English learning, modern methods, communicative approach, technology in education, gamification, self-directed learning, language acquisition, student motivation, online platforms, language proficiency.

Introduction

English is one of the most widely spoken languages in the world, used in international communication, business, science, and culture. Due to globalization and increased mobility, knowledge of English has become a necessary skill for successful careers and personal development. However, many face challenges in learning the language, such as lack of motivation, ineffective methods, or insufficient practice.

The purpose of this article is to examine modern methods of learning English, analyze their effectiveness, and provide recommendations for improving the learning process. The article also presents the results of a study conducted among students learning English and discusses key factors influencing success in language acquisition.



LITERATURE REVIEW

The study of English has been the subject of numerous studies in linguistics, pedagogy, and psychology. Modern approaches to language learning include:

The Communicative Approach - focusing on communication and using the language in real-life situations “Richards and Rodgers”2001.

The Use of Technology – mobile applications, online courses, and language learning platforms “Godwin-Jones” 2011.

Gamification - applying game elements to increase motivation and engagement “Deterding et al” 2011.

Self-Directed Learning - developing self-learning and time management skills “Benson”2001.

These methods have proven effective in various contexts, but their successful application depends on the individual characteristics of learners and the learning environment.

METHODOLOGY

The methodology section outlines the research design, data collection methods, and analytical approaches used to evaluate the effectiveness of modern methods for learning English. This study employed a mixed-methods approach, combining quantitative and qualitative data to provide a comprehensive understanding of the learning process.

Research design

The study was designed as a comparative analysis between two groups of learners: one using traditional methods of learning English (e.g., textbooks, teacher-led classes) and the other using modern methods (e.g., mobile applications, online courses, and communicative techniques). The research aimed to measure the impact of these methods on language proficiency, motivation, and overall satisfaction.

Participants

The study involved 100 participants, aged 18 to 25, who were students at a university or language school. Participants were divided into two groups of 50 each:



Group A: Used traditional learning methods.

Group B: Used modern learning methods.

Participants were selected based on their initial level of English proficiency (intermediate level) to ensure comparability. All participants provided informed consent before participating in the study.

Data collection methods

Pre- and Post-Tests:

Both groups took a standardized English proficiency test at the beginning and end of the study to measure progress. The test assessed reading, writing, listening, and speaking skills.

Surveys:

Participants completed surveys at the end of the study to evaluate their motivation, satisfaction, and perceived effectiveness of the learning methods. The survey included both closed-ended (Likert scale) and open-ended questions.

Interviews:

A subset of 20 participants (10 from each group) was selected for semi-structured interviews to gain deeper insights into their experiences, challenges, and preferences.

Observation:

Researchers observed participants during their learning activities to assess engagement, interaction, and the use of resources.

Modern learning tools and techniques

For Group B, the following modern methods were implemented:

Mobile applications: duolingo, memrise, and babbel for vocabulary and grammar practice.

Online platforms: coursera and udemy for structured courses.

Communicative activities: language exchange sessions with native speakers via platforms like iTalki and tandem.



Gamification: use of game-like elements such as points, badges, and leaderboards to enhance motivation.

Data analysis

Quantitative analysis:

Test scores were analyzed using statistical methods (e.g., paired t-tests) to compare the progress of both groups.

Survey responses were analyzed to identify trends in motivation and satisfaction.

Qualitative analysis:

Interview transcripts were coded and analyzed thematically to identify common patterns, challenges, and success factors.

Observation notes were used to supplement the findings from surveys and interviews.

Ethical considerations

Participants were informed about the purpose of the study and their right to withdraw at any time.

All data were anonymized to ensure confidentiality.

The study was approved by the institutional review board to ensure ethical compliance.

Limitations

The study was limited to a specific age group (18–25) and proficiency level (intermediate), which may affect the generalizability of the results.

The duration of the study was three months, which may not be sufficient to measure long-term retention of language skills.

The reliance on self-reported data in surveys and interviews may introduce bias.

RESULTS and DISCUSSION

To evaluate the effectiveness of modern methods of learning English, a study was conducted among 100 students aged 18 to 25. Participants were divided into two groups: the first group used traditional learning methods (textbooks, teacher-led



classes), while the second group used modern approaches (mobile apps, online courses, communicative methods).

The results of the study showed that participants in the second group achieved higher scores in language proficiency tests (a 25% improvement compared to the first group). Additionally, they reported higher levels of motivation and satisfaction with the learning process.

Key factors contributing to success included:

Regular practice of communication with native speakers.

Use of interactive and multimedia materials.

An individualized approach to learning.

However, challenges were also identified, such as a lack of discipline in self-directed learning and the need for access to high-quality educational resources.

CONCLUSION

Learning English in the modern world requires the use of innovative methods that make the learning process more effective and engaging. The communicative approach, technology, and gamification play a key role in achieving success. However, it is important to consider the individual characteristics of learners and ensure access to high-quality educational resources.

To further improve the learning process, it is recommended to:

Develop self-directed learning skills.

Actively use technology and online platforms.

Participate in language exchanges and practice communication with native speakers.

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