



IMPROVING THE SCIENTIFIC AND METHODOLOGICAL FOUNDATIONS FOR FORMING NATIONAL VALUES IN YOUTH EDUCATION

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Abstract

This article explores the role of national values in youth education and analyzes scientific and methodological approaches to their formation. The research is based on a systemic perspective, viewing values and upbringing as interrelated pedagogical categories. The necessity of integrating national values into modern education through interactive and innovative methods is substantiated. Methodical recommendations are proposed to enhance the effectiveness of the educational and moral development process.

Keywords: National values, youth upbringing, methodological approach, innovative education, civic consciousness.

Introduction

Youth education is a strategic direction that ensures the future and sustainable development of any society. In today's era of globalization and cultural intermingling, shaping national values in the minds of the younger generation has become one of the most pressing tasks. As the President of Uzbekistan Sh.M. Mirziyoyev emphasized:

"If we raise our youth to be comprehensively developed, patriotic, educated, and proactive, we need not worry about our future"

[Mirziyoyev Sh.M. New Uzbekistan – On the Stage of New Development. Tashkent: Uzbekistan, 2021, p. 89].

Therefore, within the framework of state policy on youth in Uzbekistan, special attention is given to improving the educational system based on national values.



National values represent a people's spiritual heritage accumulated over centuries, including traditions, moral principles, and life experiences. According to the pedagogue R. Qodirova, "National values, as a tool of education, are invaluable in preparing individuals for social life by enriching the inner world of the child" [Qodirova R. Psychological and Pedagogical Foundations of Education Based on National Values. Pedagogy and Psychology Journal, 2020, No. 2, pp. 34–38].

Enriching the content of the educational process and harmonizing modern pedagogical methods with national traditions is one of today's significant scientific-methodological directions. Developing and implementing a scientifically grounded methodological system for instilling national values in youth not only strengthens their moral immunity but also fosters a generation with a strong civic stance and healthy worldview. This requires an in-depth analysis of best practices, scientific approaches, and the legal foundations of state policy.

METHODOLOGY

This study aims to identify and improve the scientific-methodological foundations for shaping national values among youth. The methodological basis of the research consists of:

- Systemic approach – considering national values and the educational process as interconnected and complementary systems;
- Historical-comparative method – examining the historical formation of national values and their impact on modern education;
- Empirical methods – including surveys, interviews, and pedagogical observations to analyze students' attitudes towards values in primary and secondary education stages;
- Pedagogical-psychological analysis – using diagnostic tools to assess the moral and ethical condition of students and university youth.

RESULTS

The results of the study confirmed the decisive role of national values in youth education. The main findings are as follows:

1. 82% of participants consider national values a key component of upbringing, yet 47% admit not fully understanding their essence.



2. Survey results identified family (69%), school (58%), and mass media (41%) as the primary sources of moral influence.
 3. Systematic integration of national values into lessons has led to improved civic awareness, moral discipline, and national identity among students.
 4. Educators expressed a strong need for methodological guidelines, practical recommendations, and integrated educational models related to national values.
 5. Most young people associate national values with rituals and customs, lacking a deeper understanding of their ideological, spiritual, and moral aspects.
- These findings highlight the need for updated methodological approaches, educational content, and interactive teaching formats to ensure effective value-based education.

LITERATURE REVIEW

The issue of educating youth based on national values has been extensively studied by both local and foreign scholars, becoming a key area in modern pedagogy. Academic A.A. Avloni viewed education as the foundation of societal progress, asserting:

“For us, education is a matter of life or death, salvation or destruction, prosperity or disaster”

[Avloni A. *Turkiy Guliston or Ethics*. Tashkent: Uzbekistan Academy of Sciences Publishing, 1992, p. 12].

This view remains relevant, demanding that the content of education be rooted in national traditions. Pedagogue R. Qodirova emphasizes in her research that national values enrich one’s inner world and social relationships, forming a unique pedagogical system [Qodirova R. . *Psychological and Pedagogical Foundations of Education Based on National Values*. *Pedagogy and Psychology Journal*, 2020].

B.A. Hasanov focuses on the role of family and national upbringing models, stating:

“When family upbringing is based on national values, it facilitates the individual’s adaptation to social life”

[Hasanov B.A. *Family and Upbringing: A National Model // Education and Society*, 2019, No. 3, pp. 41–45].



Psychologist A. Abduqodirov highlights the psychological impact of national values, describing them as a moral program aligned with an individual's internal needs:

“Instilling national values into the minds of youth is the foundation of psychological stability and social adaptation”

[Abduqodirov A. The Psychological Influence of National Values // Youth Psychology, 2021, No. 1, pp. 50–54].

Renowned pedagogue M. Jo‘rayev advocates for the integration of national values in the educational process, noting:

“Lessons enriched with national values develop a student’s moral immunity”

[Jo‘rayev M. Integrated Education Methods in Teaching // Pedagogical Innovations, 2022, No. 4, pp. 22–26].

PhD in Philosophy D. Toshqulov explains that national values cultivate civic responsibility and loyalty to the homeland:

“Values instilled in youth consciousness are the guarantees of stability and unity in society”

[Toshqulov D. National Values and Civic Education // Philosophy and Life, 2021, No. 5, pp. 14–17].

CONCLUSION

The scientific and practical study led to the following conclusions:

1. National values are a core component of youth education, shaping their civic identity, sense of national self-awareness, and moral culture.
2. Integrating national values into the educational process systematically and methodologically enhances teaching effectiveness and nurtures morally mature youth.
3. Many educators lack sufficient experience in applying methodological guides, training, and interactive techniques to teach national values.
4. Due to insufficient explanation of the deeper meanings of national values, many students perceive them only as external attributes (customs, dress, rituals).
5. Interactive educational sessions based on national values have positively influenced students’ consciousness, strengthening their sense of national pride and moral responsibility.



PRACTICAL RECOMMENDATIONS

1. Develop and disseminate methodological manuals and practical recommendations on national values for educators.
2. Systematically integrate national values into curricula, ensuring that textbooks and educational materials reflect these values scientifically.
3. Provide in-service training for teachers on national education, value philosophy, and innovative methods for conveying these concepts to students.
4. Use interactive methods such as role-playing, national festivals, and project-based learning to promote conscious engagement with national values.
5. Leverage mass media and social networks to deliver national values to youth in a modern, creative, and engaging way.

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