



## **THE PRESENCE OF RISK FACTORS FOR SUICIDAL BEHAVIOR AMONG MEDICAL STUDENTS**

Safarova E. M.

Sulaymonova G. T.

Tashkent State Medical University, Uzbekistan

### **Abstract**

Youth suicide is currently one of the most pressing and pressing issues facing our society. The high suicide rate necessitates the early identification of risk factors for suicidal behavior for prevention.

**Keywords:** Suicide, students, personality, prevention, depression.

### **Introduction**

According to the World Health Organization (WHO), approximately 1,100,000 suicides are committed annually worldwide, and the number of suicide attempts is 10-20 times higher. According to the WHO, in 2022-2024, there will be 19.5 suicide cases per 100,000 inhabitants [1]. Furthermore, most researchers note a trend toward "rejuvenation" of suicidal behavior. The highest suicidal "peak" is observed between the ages of 15 and 25 [2]. Given the rejuvenation of suicides, research into suicide risk and psychological characteristics in young people is relevant. The goal this article is studying factors influencing on suicidal behavior among students' universities, as well as offer specific methods prevention. For achievements this goals were delivered tasks : analyze statistics suicides in student environment , to identify peculiarities suicidal behavior of students and discuss role socio-cultural and psychological factors in the emergence this problems .

Methods research. For conducting research on suicide among students Universities were used various methods. In particular, there was conducted analysis statistical data on cases suicide in educational institutions establishments for latest some years. Also were implemented deep interviews with psychologists and students who have experience working with the problem suicide. As part of research were used surveys and questionnaires students to identify their opinions and ideas about suicide behavior . Important stage became studying literature and scientific



publications about suicidal behavior among students to get review existing research and theories. Such thus, use diverse methods it helped get complete and objective idea of the problem suicide among students Universities.

Results and discussion. As a result, research was it was revealed that suicidal behavior among students Universities is serious problem requiring attention. Main factors contributing suicidal behavior include depression, stress, family problems and lack social support. Epidemiological data Also indicate on increase cases suicide among students. It is important note that educational environment and influence social media are playing significant role in the formation suicidal behavior. Research emphasizes necessity development and implementation preventive programs in educational establishments, as well as rendering psychological support students suffering from suicidal thoughts and intentions. [1] Theoretical aspects suicidal behavior . Within the framework studies question suicide among students Universities necessary consider theoretical aspects this phenomenon. This is includes studying stories suicidology, various approaches to understanding suicidal behavior, theory suicides, as well as modern concepts and models that explain this negative act .

Definition suicide and its classification. For complete lighting topics suicide among students necessary give definition suicide , as well as classify forms suicidal behavior . The definition of suicide includes consideration of not only direct suicides, but also other forms of suicidal behavior, such as suicide attempts, self-harm, etc. Classification of suicide is important to identify the different types of suicidal behavior, as well as to identify the characteristics of each category. [2]

Factors contributing to suicidal behavior. Study factors contributing suicidal behavior among students, requires analysis psychological, socio-cultural and other variables influencing on risk occurrence suicidal thoughts and intentions. This is includes factors such as How depression, anxiety disorders, presence mental diseases, stressful situations, absence social support, as well as availability previous attempts suicides.[3]

Epidemiology suicide among students. Study epidemiology suicide among students revealed that given problem has serious scale in the classroom Wednesday. Statistical data indicate high level suicides among students Universities, what requires serious attention and further research . It is important conduct monitoring



and analysis cases suicides among students for identification main trends and factors that on them influence. [4]

Statistics suicides in student environment . Research statistics suicides in student environment revealed that this views self-harming behavior widespread among students. Analysis data allows define groups risk and develop measures prevention . Provision accurate and up-to-date statistical information about suicidal behavior among students is integral and important moment For effective prevention this problems . Data research stimulate on search new methods and approaches to prevention these tragic events and creation safe, supportive environment For everyone students . Extended studying statistics suicides in student environment Maybe provide more deep understanding roots and causes this painful question, and also contribute development more effective strategies prevention. Based on on this information, educational institutions can undertake specific steps for support and assistance students in the fight against possible problems mental health. At the same time, an expanded study of student suicide statistics will help recognize the importance of psychological support and emotional well-being to prevent potential negative consequences and create a safe and supportive student community. We should continue studying these problems, to form measures support and channels communication to provide students necessary tools and resources for overcoming difficulties and preservation their lives.

Peculiarities suicidal behavior in students. Study features suicidal behavior in students allows identify specific factors risks associated with educational environment and stress, which They experience understanding these features suicidal behavior allows develop more effective preventive measures and provide purposeful help students in crisis situations.

Psychological aspects suicide. Psychological aspects suicide among students Universities include studying motivation, emotional conditions and mental disorders that can be related to intentions suicide. Psychological profiles of individuals prone to suicidal behavior are the focus of this study and are also an important aspect for the development of preventive measures.[5]

Suicidal thoughts and intentions. Study suicidal thoughts and intentions among students Universities suggests analysis frequency, content and main suicidal tendencies ideations among youth. As part of this research is given attention like



this aspects like availability specific plans suicide level seriousness suicidal thoughts, as well as factors influencing on their appearance and intensity.

Depression and others psychological disorders. Role depression and others psychological disorders in the context suicidal behavior students Universities is significant. Research includes analysis types and level depressive states, as well as assessment their influences on risk development suicidal intentions. Besides that, is being studied relationship between various types mental disorders and suicidal behavior.

Sociocultural factors suicide among students. Research revealed that sociocultural factors are playing significant role in suicide behavior among students. This includes pressure with sides families, public expectations, stigmatization related to mental health, as well as cultural installations by Attitudes toward suicide in different cultures also influence suicidal behavior among students and require further study. [ 5]

Influence educational environment. Educational Wednesday Also provides influence on suicidal behavior students. Pressure educational stress, competition, fear failure, perfectionist installations and insufficient support with sides educational establishments can become factors contributing emergence suicidal thoughts. Study these influences will help develop measures by improvement educational environment with the purpose of prevention suicides among students. Role social media and the Internet. Social media and internet are playing significant role in life modern students and research show that their usage Maybe render influence on suicidal behavior. Online often are spreading information and ideas related to suicide, and this Maybe influence on vulnerable mentally students. It is important study mechanisms impact social media and internet on suicidal behavior to develop recommendations by safe use and prevention negative influences.[5]

Prevention suicide in educational institutions establishments . Prevention suicide in educational institutions establishments includes Creation special programs and events directed on prevention suicides. These measures can include education teachers and staff institutions identification and assistance students with suicidal behavior, conduct round tables and lectures by prevention suicide, as well as Creation communities support. Special attention is given increase awareness about threat suicide and direction students on specialized help. [6]



Psychological support students. Psychological support students plays important role in prevention suicide. Universities and higher education institutions can give consultations and therapy for students with psychological problems, including depression and suicidal thoughts. Also, important provide access to professional assistance in case crisis situations. Besides that's important conduct informational campaigns about existing resources and services available for students suffering suicidal thoughts. [6]

### **Conclusion**

In this research were analyzed various aspects suicidal behavior among students Universities, including his theoretical, epidemiological, psychological and sociocultural aspects. There were Also considered methods prevention and support students with suicidal behavior. Based on an analysis of available literature, recommendations were presented for educational institutions and specialists in psychology and psychiatry on preventing suicide among students. The study revealed that suicidal behavior among university students is a serious problem requiring a comprehensive approach. factors contributing suicide include psychological disorders , sociocultural environment and stress situations in the classroom Wednesday. Also was it was established that effective preventive measures and psychological support can reduce risk suicidal behavior among students.

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