



MODERN COMPUTER TECHNOLOGIES IN THE DIAGNOSIS AND TREATMENT OF GYNECOLOGICAL DISEASES: ROLE AND SIGNIFICANCE

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Abstract

In recent years, gynecological diseases have significantly increased worldwide, becoming a serious problem linked to lifestyle and environmental factors. This article discusses the types of gynecological diseases, their causes, diagnostic methods, treatment approaches, and their impact on women's health. The role of modern information technologies in the diagnosis and treatment of such diseases is also highlighted. Digital technologies allow early detection, development of effective treatment strategies, and improvement of healthcare quality.

Keywords: Gynecological diseases, artificial intelligence, telemedicine, early diagnosis, electronic medical records, cyst, computed tomography, ultrasound.

Introduction

Every person inherits genetic traits from their parents, including predispositions to certain diseases. Gynecological diseases affect the uterus, ovaries, mammary glands, and other organs of the female reproductive system. These conditions influence reproductive health, the menstrual cycle, and overall well-being. Today, the prevention and timely detection of gynecological diseases are highly important. Information technologies — such as ultrasound, CT, MRI, and digital diagnostic tools — play a vital role in improving accuracy and efficiency.

DIAGNOSIS OF GYNECOLOGICAL DISEASES

1. Ultrasound Examination (Ultrasound Imaging)

Ultrasound helps identify structural changes in the uterus and ovaries using high-frequency sound waves. The method is safe, painless, and allows rapid visualization of internal organs.

Advantages: no radiation, painless, quick results, safe for pregnant women.

Types of ultrasound:

- Transabdominal — performed through the abdominal wall.
- Transvaginal — offers high accuracy and detailed visualization.
- Transrectal — used rarely for specific diagnostic purposes.

2. Laboratory Tests

Main laboratory evaluations:

- Complete blood count — detects infections and inflammation.
- Biochemical analysis — evaluates liver, kidney, and endocrine function.
- Urinalysis — identifies urinary tract abnormalities.
- Hormonal testing (progesterone, FSH, etc.).
- PAP-test — early detection of cervical cancer.

3. Genetic Testing

Genetic tests reveal mutations associated with ovarian cancer, cervical cancer, breast cancer, endometriosis, and other diseases.

Advantages:

- assessment of genetic predisposition,
- improved diagnostic accuracy,
- identification of hereditary abnormalities,
- selection of personalized treatment strategies.

4. Colposcopy

A visual examination of the cervix using an optical magnification device. Colposcopy is effective for detecting precancerous lesions and HPV-related abnormalities.

5. Hysteroscopy

An endoscopic procedure allowing direct visualization of the uterine cavity.

Detects:

- polyps,
- fibroid nodules,
- endometriosis,
- Asherman's syndrome,
- improper placement of intrauterine devices.

ROLE OF INNOVATIVE TECHNOLOGIES

1. Genomic Technologies (NGS, Bioinformatics, AI)

- NGS identifies thousands of mutations simultaneously.
- Artificial intelligence predicts disease risks.
- Microchip technology enables home-based genetic mini-tests.

2. Advanced Ultrasound: 3D/4D Imaging

- Produces three-dimensional visualization.
- Doppler ultrasound evaluates blood flow.
- AI minimizes diagnostic errors by analyzing imaging data.

3. Artificial Intelligence in Gynecology

AI processes large clinical datasets (laboratory tests, imaging, genetic data), predicts disease progression, and supports decision-making.

- Big Data — compares similar clinical cases.
- Deep Learning — detects pathologies on ultrasound/MRI images.
- Robotic-assisted systems — ensure safer minimally invasive surgeries.

4. Electronic Medical Records (EMR)

EMRs store all patient information in a unified system: test results, imaging, pregnancy history, prescriptions.

Benefits:

- strengthened data security,
- telemedicine integration,



- cloud-based storage,
- access via mobile applications.

CONCLUSION

Modern computer technologies significantly enhance the accuracy of diagnosing and treating gynecological diseases. High-precision imaging, genomic research, AI-based clinical support systems, and digital patient records improve the efficiency of healthcare, accelerate diagnostic processes, and enable personalized treatment. In the future, robotics, telemedicine, artificial intelligence, and large-scale data analytics will further advance the prevention, early detection, and optimized treatment of gynecological conditions, becoming essential components of high-quality medical practice.

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