



## **A MODERN INTERPRETATION OF FORMING A PERSON'S MORAL AND WILL-POWERED QUALITIES BASED ON ACTION GAMES**

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### **Abstract**

This article analyzes the theoretical and methodological foundations of the formation of moral and volitional qualities of a person through active games. Based on scientific views in modern pedagogy and psychology, the role of active games in personal development is revealed. The study analyzes the mechanisms of developing such qualities as social behavior, responsibility, cooperation, and perseverance in preschool and young children. Also, effective methods of using active games based on innovative pedagogical approaches are scientifically substantiated.

**Keywords:** Active games, moral qualities, volitional qualities, personal development, pedagogical technologies, socialization.

### **Introduction**

## **HARAKATLI O‘YINLAR ASOSIDA SHAXSNING AXLOQIY VA IRODAVIY SIFATLARINI SHAKLLANTIRISHNING ZAMONAVIY TALQINI**

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### **Annotatsiya:**

Mazkur maqolada harakatli o'yinlar vositasida shaxsning axloqiy va irodaviy sifatlarini shakllantirishning nazariy hamda metodologik asoslari tahlil qilinadi. Zamonaviy pedagogika va psixologiya fanidagi ilmiy qarashlar asosida harakatli o'yinlarning shaxs kamolotidagi o'rni ochib beriladi. Tadqiqotda maktabgacha va kichik yoshdagi bolalarda ijtimoiy xulq-atvor, mas'uliyat, hamkorlik, qat'iyatlilik kabi sifatlarni rivojlantirish mexanizmlari tahlil qilinadi. Shuningdek, innovatsion pedagogik yondashuvlar asosida harakatli o'yinlardan foydalanishning samarali usullari ilmiy jihatdan asoslab beriladi.

**Kalit so'zlar:** harakatli o'yinlar, axloqiy sifatlar, irodaviy sifatlar, shaxs rivoji, pedagogik texnologiyalar, ijtimoiylashuv.

### **Introduction**

The formation of a well-rounded personality is one of the most important tasks in the modern education system. The process of developing the moral and volitional qualities of a person begins in childhood. It is especially important to create favorable pedagogical conditions for the social, spiritual and psychological development of a person at the preschool stage.

Pedagogical research shows that active games have a strong impact not only on the physical development of children, but also on their social and moral maturity. In the process of the game, the child understands his place in the team, learns to follow the rules, and masters social relations through practical activities. Therefore, active games are considered an effective means of forming the moral and volitional qualities of a person in the pedagogical process. The problem of personal development and game activity has been studied by many pedagogical and psychological scientists. In particular, L.S. Vygotsky evaluated game activity as an important socio-cultural factor in the mental development of a child. In his opinion, in the process of the game, the child models social relations in real life and thereby acquires social experience.

J. Piaget studied the game activity in relation to the stages of intellectual development of the child and emphasized that the child understands the external environment through the game. Erikson, on the other hand, shows games as an important tool in the formation of a person's social identity.



Uzbek pedagogical scientists have also studied the educational value of movement games. Studies have scientifically substantiated the fact that national and movement games develop teamwork, social communication and physical activity in children.

The pedagogical essence of movement games

Movement games are game activities based on physical activity, organized by certain rules, which serve the physical, intellectual and social development of children.

From a pedagogical point of view, movement games have the following characteristics:

- provide active movement and physical activity;
- develop social communication and cooperation;
- create a positive emotional environment;
- organize activities based on rules.

Scientific research has shown that active games have a comprehensive impact on the formation of teamwork in children, the development of a culture of communication, and physical and psychological development.

The role of active games in the formation of moral qualities

Active games are one of the effective means of forming moral qualities in children.

In the process of play, children learn:

- to work in a team;
- to help each other;
- to be fair;
- to follow the rules.

In this process, moral education is carried out through natural activity. This helps children to master moral norms more deeply and sustainably.

Scientific research shows that during the game, children develop such qualities as honesty, respect, responsibility and cooperation.

Mechanisms for the development of volitional qualities

Active games also serve to develop volitional qualities in children. During the game, the child encounters various situations and uses a certain amount of willpower to resolve them.

The following volitional qualities are formed:

- determination
- patience
- self-control



- discipline
- goal-orientedness

For example, in team games, a child must be patient, follow the rules, and take into account the interests of the team in order to win.

Modern pedagogical approaches

Today, a number of modern pedagogical approaches are used to organize personal education based on active games:

Competency approach

This approach assumes that a person acquires certain competencies through practical activities.

### **Personally oriented education**

This approach is based on taking into account the individual abilities and needs of each child.

Innovative pedagogical technologies

Today, the use of interactive methods, digital tools, and creative game technologies in the process of active games is increasing efficiency. Studies show that such technologies increase motivation and active participation in children.

Conditions for increasing the effectiveness of active games

The following pedagogical conditions are important for the effective formation of moral and volitional qualities through active games:

1. Selection of games appropriate to age characteristics
2. Setting clear and understandable rules
3. Creating an environment of collective cooperation
4. Methodical guidance of the teacher
5. Organization of the reflection and evaluation process.

### **Research results and discussion**

Scientific research shows that systematically organized active games increase the level of social adaptation in children and develop their moral and volitional qualities.

#### **In particular:**

- children's team spirit increases;
- social communication develops;



- the ability to make independent decisions is formed.

As a result, active games appear as an important pedagogical factor of personal development.

Active games are an important pedagogical tool in the formation of moral and volitional qualities of a person. They have a complex effect on the physical, social and psychological development of children. The effective use of active games based on modern pedagogical approaches serves to increase the effectiveness of the educational process and helps to educate a well-rounded person.

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