

THE ROLE OF MUSIC IN THE FORMATION OF PERSONALITY AND ITS IMPORTANCE

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Abstract

This article discusses the importance of the art of music in the formation of the human personality and its educational role. Music is considered as a type of art that expresses and unites the emotional states and experiences of people. As an important part of aesthetic education, music helps to develop the creative abilities of students, as well as to form their spiritual qualities. The philosophical content of music, its impact on the human psyche, its possibilities for expressing mood, its form and content are analyzed in detail. The author emphasizes the social, cultural and educational significance of the art of music and studies its impact on the human psyche.

Keywords: Art of music, aesthetic education, personality formation, musical education, philosophical content, emotions, mood, educational impact, culture, the importance of music.

Introduction

Music is an art form that unites people through their experiences and emotional states. This art form is a means of establishing communication between different individuals, and the work created by each composer evokes different experiences in the hearts of other individuals. Such an effect of music can truly be considered a miracle. Music education, as a component of aesthetic education, is one of the factors that shape the human personality.

Aesthetic education, based on the teaching of the essence of beauty, the unity of aesthetic and moral feelings, as well as the popular nature of art, expands and deepens students' knowledge of the world. This, in turn, increases their creative abilities and helps in the formation of spiritual qualities. The purpose of aesthetic education is mainly to develop aesthetic feelings and thoughts in children, to teach them to understand and enjoy beauty.[1] However, its tasks are not limited to these;

It is also aimed at understanding beauty and ugliness, high and low, joy and sorrow. Aesthetic education, in general, serves to establish universal and national values, because education affects the human mind, feelings, imagination, beliefs and worldview. The language of music is universal and understandable, reflecting thoughts and feelings. It encourages humanity to think about moral problems and reveals the philosophical essence of music. Great musical works, enriched with deep philosophical content, reflect in music such issues as life and death, individual and society, goodness and oppression, power and weakness. Music has unlimited possibilities in influencing the human psyche, which has long been expressed by thinkers and scientists.[2]

The art of music, as an important factor of aesthetic education, also has a strong influence on the formation of personality. Music lessons in the family, kindergarten or school, when organized in a purposeful manner, are an effective way to enrich the inner world of the younger generation and correctly understand art. Music expresses a person's feelings and hopes in a unique artistic language and affects his mood.[3] Music, not only as an art, but also as a science, is based on the foundations of physics and mathematics, and at the same time it is a living and constantly developing art form.

Music is a constant companion of a person at all stages of his life and makes a great contribution to the overall cultural development. Stendhal noted that music is the art form that most deeply reflects the inner experiences of a person among the arts. Music expresses events and emotions, but this is not limited to material and spatial dimensions, like architecture. This is the only way to achieve spiritual maturity and a rich cultural and spiritual heritage.[4] Music, as a means of perception through hearing, deeply expresses the inner world of a person.

The main feature of music is that it has wide possibilities in expressing a person's mood. Mood is a state that summarizes a person's mental state and reflects various emotions, and music allows it to be expressed in a wide and complex way. Music connects emotions such as joy, sadness, hope and despair with each other, reflecting the inseparable connections between them. The form of music is a material expression of its content. The composer's thoughts, feelings and imagination reach the listeners through musical form. Therefore, understanding the language of music and understanding its essence directs students to master the rich thoughts, feelings and experiences of music. The importance of musical education was also

emphasized by ancient thinkers. Human qualities, which are formed from childhood, develop through music, ensuring personal and cultural growth.

Music is used as a means of developing positive qualities in the formation of a person, and its educational effect depends on the ideological content of a musical work. Polish composer K. Shimanovskiy emphasized the use of the power of music in two opposite directions, saying that it has the ability to create and destroy. Music plays a central role in the formation of the human personality and the spiritual life of society. Over the past period, the Republic of Uzbekistan has adopted a number of normative and legal acts on the development of culture and arts [5]. The art of music, with its educational value, affects not only the emotions, but also the minds of listeners, encourages them to think and forms their views on spiritual problems. Conclusion. The art of music plays a major role in the formation of the human personality, in reflecting its mental state and as an important part of aesthetic education. Music, with its unlimited possibilities for expressing various emotions, moods and inner world, develops human thinking and spiritual values. Through aesthetic education and music, students have the opportunity to understand beauty, feel its miraculous effect. Also, the art of music demonstrates its importance not only as a means of artistic expression, but also as a powerful tool for shaping social and cultural values in society. As the Polish composer K. Shimanovskiy noted, music has the ability to create and destroy, and its educational impact can be wide-ranging and deep. Therefore, a full understanding and use of music and its educational impact is of great importance in the development of society and the human personality.

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